

sweet

OR

savory

Begin Your Day With Us

Welcome to Sheraton where breakfast is always a wonderful way to start the day.

Energize Your Day

HOT OATMEAL ✕✕	\$7.00
Caramelized green apple, sun-dried raisin compote	
CEREAL FAVOURITES ✕✕	\$6.00
Choose from an array of classics or crunchy granola. Seasonal berries or sliced banana	
BANANA STRAWBERRY PINEAPPLE SMOOTHIE	\$8.00
Blended with low fat yogurt and honey	
A BOUNTY OF SEASONAL FRUIT AND BERRIES ✕✕	\$10.00
Slices of the season's select fruits & berries	
SEASONAL BERRY AND YOGURT PARFAIT ✕✕	\$9.00
Served tiered, with flax seeds and all natural granola	

Feeling Great

BREAKFAST SLIDERS	\$14.00
Scrambled eggs, cheddar cheese, crisp bacon on toasted brioche buns	
EGG WHITE, SPINACH, CHEDDAR CHEESE OMELET ✕✕	\$18.00
White cheddar laced, oven cured tomato, crispy hash brown potatoes	
GRIDDLED BUTTERMILK BLUEBERRY PANCAKES ✕✕	\$16.00
Warm maple syrup and whipped butter	

Morning Glory

CHEF'S OMELET	\$18.00
Three eggs packed with cured ham, sautéed sweet onions, aged Swiss and cheddar Served with crisp hash brown potatoes and toast	
GRILLED HAM AND EGGS*	\$18.00
Crisp hash brown potatoes and choice of toast or with bacon or sausage if you like	

EGGS BENEDICT	\$19.00
Toasted English muffin, back bacon with hollandaise sauce and hash browns	

HOT IRON GRIDDLE BELGIAN WAFFLE	\$16.00
Golden deep pocket waffle, whipped cream, warm maple syrup and strawberries	

FULL FARMER'S BREAKFAST	\$23.00
Short stack of pancakes, 2 eggs your style with bacon and sausage, served with hash brown potatoes	

Choose a Little, Choose a Lot

BUFFET	\$27.00
Omelet station, seasonal fruits and berries, yogurt, Irish oatmeal, cereal classics, granola scrambled eggs, hickory smoked bacon, sausage links, breakfast potatoes, bakery selections, bagels with cream cheese selection of breakfast juices, fresh brewed coffee and our tea selection	

The Side Table

TOASTED BAGEL WITH PHILADELPHIA® CREAM CHEESE	\$7.00
Low-fat or regular	
A BIG BOWL OF BERRIES ✕✕	\$9.00
A bright mix of seasonal favorites	
THE BAKERY BASKET	\$6.00
A buttery croissant, daily muffin, your choice of English muffin, or sourdough, multi-grain, rye or white toast with jam, honey and butter	
CRISP GOLDEN HASH BROWN POTATOES	\$5.00
CRISPY SMOKED BACON, BREAKFAST LINKS OR GRILLED HAM ✕✕	\$8.00

We'll Fill Your Cup

FRESH BREWED COFFEE	\$5.00
Regular or Decaffeinated	
ESPRESSO, CAPPUCCINO OR CAFÉ AU LAIT	\$6.00
HOT TEA	\$5.00
Choose from our tea selection	
JUICE ✕✕	\$5.00
Orange, grapefruit, apple, cranberry or tomato	
MILK	\$5.00
Non-fat, 2%, whole or chocolate	
MINERAL OR SPRING WATER	\$5.00
Ask your server	

✕✕ Endorsed by Core Performance, these items have nutrients that work together to create long-lasting energy, helping you lead a higher quality of life. Learn more about our program at sheratonfitness.com
Sheraton Fitness programmed by Core Performance.
Mindset.Nutrition.Movement.Recovery.

*Consuming raw or undercooked meat, seafood and eggs may increase your risk of food-borne illness.
©2009 Starwood Hotels & Resorts Worldwide, Inc.



Sheraton

drink
specials
AT
TRADERS

Located on the Lobby Level, ext 4617

\$7.00 per glass
\$31.00 per bottle



20'S BEE'S GEWURZTRAMINER

Rose petals and spice dominate the nose. The palate shows lychee nut, honeysuckle and a touch of oak with a soft creaminess, contrasted yet complemented by a firm acidity.

20'S BEE'S CABERNET FRANC

Leaning more toward fruit flavors such as plums and dark cherries, with earthy and herbaceous undertones. Lighter in body and in tannins and has a medium to short finish.

* Ask your server for details



**MARTINI SPECIAL
WATERMELON MARTINI
OR AFTER 8 MARTINI**

**AT A SPECIAL PRICE
\$10.00**

ASK YOUR SERVER FOR DETAILS