

Appetizers

Mezzeh	\$14
Red pepper hummus, black olive tapenade, eggplant baba ganoush and crispy pita	
Warm Spinach and Artichoke Dip	\$14
With stone-ground blue, red and yellow corn tortilla chips	
Tri Colour Nachos	\$15
Melted cheddar cheese, jalapeño peppers, olives, tomato, scallions	
add Traders Chili	\$5
add Rosemary Chicken	\$7
Shrimp Quesadilla	\$17
Guacamole, cilantro cream, fresh tomato salsa	
Poutine	\$14
Golden fries topped with five cheese blend and gravy	
Chicken Fingers	\$16
Served with fries and your choice of dip: plum or BBQ sauce	

Wings

Juicy breaded chicken wings with ten original flavours to choose from **\$19**

Caesar Parmesan	Jamaican Jerk
Classic BBQ	Sweet Chili Sesame
Feeling Hot, Hot, Hot	Taj Mahal Makhani
Honey Garlic	

Served with veggie sticks and blue cheese dip

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Menu prices do not include applicable taxes or gratuities.
Parties of 8 or more will have a gratuity of 15% added.

From the Garden

Greens	\$14
Vine ripened tomato, fennel, pine nuts, goat cheese, basil, balsamic vinaigrette	
Caesar	\$14
Hearts of romaine, parmesan croutons, drizzled with caesar dressing	
Pan Asian	\$14
Baby spinach, mandarin, mango, crispy wonton strips, spiced cashew nuts, with sweet chili dressing	
California Cobb Salad	\$14
Crisp bacon, egg, avocado, vine ripened tomato, onion, crumbled blue cheese and dressing	
add Rosemary Chicken	\$7
add Citrus Salmon	\$7
add Jerk Shrimps	\$7

Soup

4x4 Onion Soup	\$8
Four onions & four cheeses melted on thyme crostini	
Soup of the Day	\$8
Please ask your server	

Panini

Chicken Tosca	\$17
basil aioli, roasted peppers, tomato, fresh mozzarella	
Turkey Brie Melt	\$17
caramelized onions, cranberries, smoked mustard	
Burgundy Roast Beef	\$17
black pepper horseradish aioli, sauteed onions and swiss cheese	
Three Cheese	\$17
buffalo mozzarella, chevre goat, parmesan, sun dried tomato, basil aioli	
Tuscan	\$17
black olive tapenade, charred eggplants, grilled zucchini, fire roasted peppers, goat cheese	

*Panini are served with your choice, side salad or fries

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Traders Burger

(Served with steak house fries or house salad)

Black and Blue Peppercorn, blue cheese	\$18
California Guacamole, fire roasted peppers, goat cheese	\$18
Montreal Smoked mustard, sauerkraut, swiss cheese	\$18
The Canadian Eh! Portobellini, button and oyster mushrooms, caramelized onions, cheddar cheese	\$18

Traders Mains

Indian Butter Chicken A classic indian curry served with basmati rice and crisp toasted papardum	\$16
Traders Chili Cheddar cheese, sour cream and scallions in yorkshire pudding bowl	\$12

Penne Arrabiata Pasta in a rich tomato sauce with chilli flakes and parmesan cheese.	\$14
add Rosemary Chicken	\$7
add Citrus Salmon	\$7
add Jerk Shrimps	\$7

Fish and Chips Beer battered haddock with fries and tartar sauce	\$18
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Citrus Atlantic Salmon Fillet Prime fillet of jall island salmon, with fresh cilantro and squeezed fresh lime, zucchini ribbons, asparagus spears, orange and grapefruit sections and citrus drizzle	\$24
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Sirloin Char-grilled 8oz aged angus beef topside steak served with roasted garlic mashed potatoe, black pepper horseradish aioli and sautéed vegetable medley	\$29
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Steak cooked to your liking with choice of topping:

- Roquefort**
- Sesame Teriyaki**
- Three Mushroom Balsamic**
- Sun Dried Tomato & Goat Cheese**
- Pink, Black & Green Peppercorn Glaze**

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Desserts

Apple Crumble a la Mode \$7
Ontario granny smith apples, toasted oats, yellow sugar and coconut crust with vanilla ice cream

Chocolate Tuxedo Truffle Gateaux \$7
Tower of sponge cake, layered with dark and white chocolate mousse served with a blueberry sauce

Chocolate Cheese Cake Lollipops \$7
Covered in candied crumbs, raspberry compote dip

Field Strawberries \$8
Field strawberries with lemon poppy seed cake, whipped cream and dark chocolate curls

Traders Tasting \$11 Trio of Apple Crumble a la Mode Chocolate Tuxedo Truffle Gateaux Fresh strawberries & cream
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Specialty Coffees

Espresso	\$5
Cappuccino	\$6
Café Au Lait	\$6
Irish Coffee	\$11
Monte Cristo	\$11
Spanish Coffee	\$11
B-52 Coffee	\$11
Baileys Coffee	\$11
Kahula Coffee	\$11
Grand Marnier Coffee	\$11
Navan Coffee	\$11

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